



Physical Education Curriculum at Woodford Church of England Primary School

Intent

At Woodford Church of England Primary School, we aim to create a safe and supportive environment which inspires all children to take part in PE. Through developing the physical, social, personal and cognitive skills of children they can become more creative and interested in health and fitness. By building and supporting these key areas we hope pupils will develop a positive relationship with PE which will last for life.

Implementation

The PE curriculum at Woodford Church of England Primary School allows all children to participate and achieve in PE. Key skills in agility, balance and coordination will be taught through the use of Real PE. Children will take part in a variety of games to develop their teamwork and leadership skills, where they will learn the value of fair play and are encouraged to support each other.

Children will be active in a range of different environments including the school hall, playground, field and outdoor classroom. Children will have the opportunity to take part in physical activity during PE lessons, games and equipment available at break and lunchtimes and a variety of afterschool clubs open to all children across all Key stages.

Children will participate in skills based and games based activities for at least 2 hours a week. Activities will include invasion style games, swimming, dance and gymnastics.

Impact

The PE curriculum offered at Woodford Church of England Primary School helps to improve the wellbeing of children within the school and allows them to succeed and achieve their personal bests in PE. The curriculum builds the foundations for positive behaviours which children will use throughout their lives in PE and beyond. At Woodford, our PE curriculum hopes to motivate children to live healthy and happy lives.