

Woodford Catering Week One

Choose one of the following Options		Monday	Tuesday	Wednesday	Thursday	Friday
1	Main Meal	Homemade Cottage Pie Baton Carrots & Garden peas <small>(Gluten, Dairy, Celery, Egg)</small>	Spaghetti Bolognaise Garlic Bread Garden Peas & Sweetcorn <small>(Gluten, Egg, Celery)</small>	Roast Chicken Served with stuffing and Yorkshire pudding Roast Potatoes Broccoli & Carrots <small>(Gluten, Mustard, Celery, Egg)</small>	Meat Feast Pizza Herby Diced Potatoes Sweetcorn & Baked Beans <small>(Gluten, Dairy,)</small>	Battered Fish With Chips Mushy Peas & Baked Beans <small>(Fish, Gluten, Dairy, Egg)</small>
2	Vegetarian Main Meal	Quorn Sausage Mash Potato Baton Carrots & Peas Veggie Gravy <small>(Gluten, Dairy, Celery, Egg)</small>	Vegetable Burger Potato Wedges Garden Peas & Sweetcorn <small>(Gluten, Dairy, Celery, Egg)</small>	Vegetable Wellington Roast Potatoes Broccoli & Carrots Veggie Gravy <small>(Gluten, Dairy, Celery, Egg)</small>	Italian Style Vegetable balls with Pasta Garlic Bread Sweetcorn <small>(Gluten, Dairy, Celery, Egg)</small>	Battered Quorn Sausage With Chips Mushy Peas & Baked Beans <small>(Gluten, Egg)</small>
3	Snack or Hot Pot	Tomato & Basil Pasta Pot (V) <small>(Gluten, Dairy, Celery, Egg)</small>	Macaroni Cheese pasta Pot (V) <small>(Gluten, Dairy)</small>	Tomato & Basil Pasta Pot (V) <small>(Gluten, Dairy, Celery, Egg)</small>	Macaroni Cheese pasta Pot (V) <small>(Gluten, Dairy)</small>	Tomato & Basil Pasta Pot (V) <small>(Gluten, Dairy, Celery, Egg)</small>
4	Jacket Potato	Beans & Cheese Side salad <small>(Dairy, Legumes)</small>	Tuna & Cheese Side Salad <small>(Dairy, Egg, Fish)</small>	Beans & Cheese Side salad <small>(Dairy, legumes)</small>	Tuna & Cheese Side salad <small>(Fish, Dairy, Egg)</small>	Beans & Cheese Side salad <small>(Dairy, legumes)</small>
5	Panini	Hot Cheese & Ham Panini <small>(Gluten, Dairy)</small>	Hot Cheese Panini <small>(Gluten, Dairy)</small>	Hot Ham & Cheese Panini <small>(Gluten, Dairy)</small>	Hot Cheese Panini <small>(Gluten, Dairy)</small>	Hot Ham & Cheese Panini <small>(Gluten, Dairy)</small>
6	Picnic Lunch <small>includes a carton Juice drink and a desert from selection below</small>	Cheese & Salad Roll <small>(Gluten, Dairy)</small>	Ham Salad Sandwich <small>(Gluten, Dairy)</small>	Tuna & Cucumber Roll <small>(Gluten, Dairy,)</small>	Ham Salad Wrap <small>(Gluten, Dairy)</small>	Egg Mayonnaise Soft white Roll <small>(Gluten, Dairy, Egg)</small>
Pupil Selects Desert						
<small>Allergens are listed by the meal choice ,any child with allergies should have them listed with reception and the meals can be made without the known allergen where possible I.E. Removing Cheese ETC.</small>						
Hot Dessert		Treacle Sponge & Custard <small>(Gluten, Dairy, Egg)</small>	Apple Pie With Custard <small>(Gluten, Dairy)</small>	Jam Sponge & Custard <small>(Gluten, Dairy, Egg)</small>	American Pancakes & Chocolate Sauce <small>(Gluten, Dairy, Egg)</small>	Assorted Hot Dessert & Custard <small>(Gluten, Dairy, Egg)</small>
Cold Dessert		Jelly Fruit (Gelatine) Yoghurt (Dairy) Fruit Pots, Apple	Choc Chip cookies (Gluten) Yoghurt (Dairy) Fruit Pots, Orange	Chocolate Muffin (Gluten,egg) Yoghurt (Dairy) Fruit Pots, Pear	Strawberry Mousse(Dairy) Yoghurt (Dairy) Fruit Pots, Banana	Chocolate Brownie (Gluten) Yoghurt (Dairy) Fruit Pots, Fruit

Woodford Catering Week Two

Choose one of the following Options		Monday	Tuesday	Wednesday	Thursday	Friday
1	Main Meal	Manor Sausage Mash Potato Baton Carrots & Garden Peas (Dairy, Celery)	Home Made Cheese Burger Relish Lettuce Potato wedges Sweetcorn & Peas (Gluten, Dairy, Egg)	Roast Pork Stuffing and Yorkshire Pudding Roast Potatoes Green Beans & Carrots (Mustard, Gluten, Dairy, Celery, Egg)	Sausage Roll Herby Diced Potatoes Sweetcorn & baked beans (Soya, Dairy, Celery, Egg)	Cod Fish Cake With Chips Mushy Peas & Baked Beans (Gluten, Dairy, Egg)
2	Vegetarian Main Meal	Quorn Tikka Masala Saffron Rice & Poppadum Garden Peas (Gluten, Dairy, Celery)	Quorn Spaghetti Bolognaise Garlic Bread Sweetcorn (Gluten, Dairy, Celery, Egg)	Roast Quorn Fillet Stuffing and Yorkshire Pudding Roast Potatoes Green Beans & Carrots (Gluten, Dairy, Celery, Egg)	Cheese & Tomato Pizza With Herby Diced potatoes Sweetcorn & Baked Beans (Gluten, Dairy,)	Baked Vegetable Nuggets Sweet Chilli Dip With Chips Mushy Peas & Baked Beans (Gluten,dairy,Celery,Egg)
3	Snack or Hot Pot	Tomato & Basil Pasta Pot (V) (Gluten, Dairy, Celery, Egg)	Macaroni Cheese pasta Pot (V) (Gluten, Dairy)	Tomato & Basil Pasta Pot (V) (Gluten, Dairy, Celery, Egg)	Macaroni Cheese pasta Pot (V) (Gluten, Dairy)	Tomato & Basil Pasta Pot (V) (Gluten, Dairy, Celery, Egg)
4	Jacket Potato	Beans & Cheese Side salad (Dairy, Legumes)	Tuna & Cheese Side Salad (Dairy, Egg, Fish)	Beans & Cheese Side salad (Dairy, legumes)	Tuna & Cheese Side salad (Fish, Dairy, Egg)	Beans & Cheese Side salad (Dairy, legumes)
5	Panini	Hot Cheese & Ham Panini (Gluten, Dairy)	Hot Cheese Panini (Gluten, Dairy)	Hot Ham & Cheese Panini (Gluten, Dairy)	Hot Cheese Panini (Gluten, Dairy)	Hot Ham & Cheese Panini (Gluten, Dairy)
6	Picnic Lunch includes a carton Juice drink and a desert from selection below	Cheese & Salad Roll (Gluten, Dairy)	Ham Salad Sandwich (Gluten, Dairy)	Tuna & Cucumber Roll (Gluten, Dairy,)	Ham Salad Wrap (Gluten, Dairy)	Egg Mayonnaise Soft white Roll (Gluten, Dairy, Egg)
Pupil Selects Desert						
Allergens are listed by the meal choice ,any child with allergies should have them listed with reception and the meals can be made without the known allergen where possible I.E. Removing Cheese ETC.						
Hot Dessert		Chocolate Chip Sponge & Custard (Gluten, Dairy, Egg)	Apple crumble With Custard (Gluten, Dairy)	Jam Sponge & Custard (Gluten, Dairy, Egg)	American Pancakes & Chocolate Sauce (Gluten, Dairy, Egg)	Assorted Hot Dessert & Custard (Gluten, Dairy, Egg)
Cold Dessert		Jelly Fruit (Gelatine) Yoghurt (Dairy) Fruit Pots, Apple	White Choc Cookies (Dairy,Gluten) Yoghurt (Dairy) Fruit Pots, Orange	Blueberry Muffin (Gluten,egg,dairy) Yoghurt (Dairy) Fruit Pots, Pear	Chocolate Mousse (Dairy) Yoghurt (Dairy) Fruit Pots, Banana	Carrot Cake (Gluten,Dairy egg) Yoghurt (Dairy) Fruit Pots, Fruit